# Be Happy With Satisfaction

Once people were asked if they felt happy, most people did not know how to answer, to their hesitation, they were not satisfied with their situation. Today, people are under great pressure, they live in a fast-paced way. They have worked so hard to satisfy their meets, but what they want is far out of their reach, so they feel tired and not happy. Happiness could be an easy thing, only if people are easy to be satisfied, they can be happy for having a vacation and having dinner with their parents, these things are easy to be ignored. When people are ambitious, they want more, they don’t realize what they have is more than other people, other people want to be one of them. So when you feel unhappy, why don’t you look at the things you have, you will realize you are a happy man.